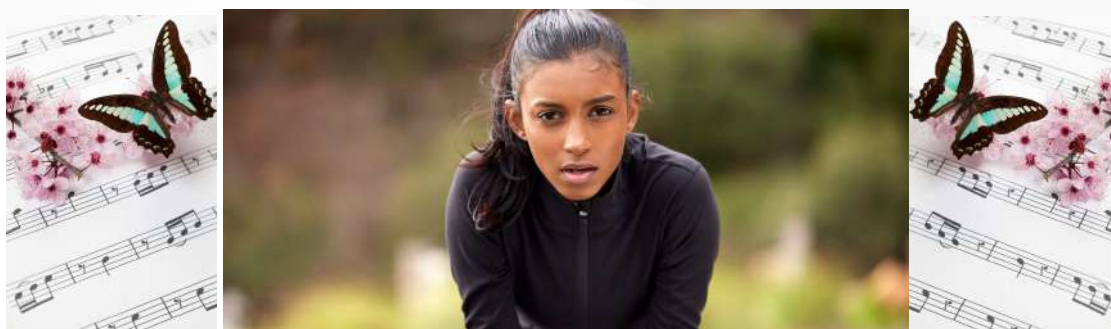


That's Just Life! A Song-based Lesson Plan To Help Your Students Cope With Setbacks



Description

Introducing: the **Life Fluency Video Series: English With Meaning!**

These are special song-based lesson plans made to engage students and help them deal with life in a productive way. These song-based lesson plans feature video tips and meaningful song lyrics to get your students to think and improve their English and their own lives in the process!

This week's LP features the music video and lyrics to "That's just life" by Memphis May Fire and a video focusing on 5 Reminders to Help Students Stay Positive During Tough Times.

OBS: This lesson plan was made for **ONLINE TEACHING**, but it can be modified for face-to-face instruction, as well.

Language level: B2

Learner type: All ages

Skills: listening, writing, speaking, reading

Topic: Coping with setbacks

Materials: Youtube videos, genially presentation

Duration: about an hour

Downloadable materials: none



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STEP-BY-STEP LESSON PLAN

Step 1 (5 min)

Slide 1 - genially presentation [link](#):

How do you react when bad things happen to you?
do you raise your fist and curse up at the sky Or do you close your eyes and realize, that's just life?". Help with unknown vocabulary and have various students share their answers with the class

Step 2 (6 min)

pairwork (breakout rooms)

How can we deal with setbacks in life? Have students work in pairs, give them a couple of minutes to talk about the question,

Step 3 (6 min)

Back to the main room, have the pairs share their ideas, ask other pairs what they think of them. If they think the ideas could really help and why. Have a mini discussion.

Step 4 (5 min)

Tell students you are going to play a video with 5 tips to help students cope with setbacks.

first watch: have students take notes of the tips. Play the video (slide2) (or [link](#)). It has some blanks in the subtitles, tell students to ignore the gaps for now and focus only on the tips. After the first watch, have students say what the five tips were.

Step 5 (5 min)

slide 3. Show the five tips and have students say what they thought of the tips, which is the best in their opinion and why. Also ask them which one they could start using right now.

Step 6 (5 min)

second watch. Students watch the video again in order to write down the missing words in the subtitles. have them write their answers on a sheet of paper to check later. Play the video once or twice for them to get all the answers.

answers: (1) like receiving (2) to balance (3) to understand (4) to start (5) could be (6) to come (7) to work

Step 7 (5 min)

slide 4. Music video for That's Just Life by Memphis May Fire [LINK](#). Play the music video and as they watch it, they have to answer the questions below:

What is the song about?

What situations, problems are shown in the video?

Is it a positive or a negative song? why?

Step 8 (6 min)

Divide students into small groups (breakout rooms) and have them discuss the music video and the questions to share with the whole class later. give them about 2-3 min to discuss

Step 9 (6 min)

Groups report their answers and Ideas. Have a mini discussion to finish the activity.

That's it for this week! I hope this activity is helpful and enjoyable!

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Happy teaching! :)

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